

# AUTOBIOGRAPHY, BIOGRAPHY, LIFE STORY, MEMOIR

*... writing your own unique, valuable story*

Recording your own life story can seem both important and impossible.

Where do you start?

What do you include?

How do you tackle it without becoming confused?

*Why it's important*

YOU are a one-off. Your story is therefore unique ... and valuable. No one has had your identical experiences, nor faced your exact same challenges. No one else has your distinctive take on life.

You want to remember all the amazing things you've achieved.

As well as that, you want your family to understand you better.

Writing your life story could be the most important thing you ever do!

*A joint effort makes it easy*

Thinking about writing your ENTIRE life story can seem overwhelming, especially if you're not used to writing, but I'll help you make it manageable by breaking the task down.

First, I ask you to write a simple timeline of your life. Just the years and the events. This will be the bare bones of your story.

Next, I ask you some questions, then you write a few pages just about these specific topics. I suggest you go through your photographs and pick out a few that relate to the question. Photographs are amazing memory-joggers!

Topic by topic, we build up the story that you want to write, that you want your family and everyone else to know about.

My part in your story will be finished when you're happy with it, and when I make sure it flows easily and is ready for printing.

***Let's talk about your project***

Contact me, Josephine Brown ➔

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*Be understood...  
in print and online!*

