

Nutshell: the gift of her lifetime

Adele London (right) recently received her framed Life Story in a Nutshell at the party celebrating her 80th birthday.

This gift has been quietly organised beforehand by her daughter Antonia.

“I was very surprised to receive it!” Adele said.

“First thing I thought was, *What a lot of work someone has gone to for me!*”

One of the good things about having your life story recapped so concisely is that it can recall events that you may not have thought about for a long time, or even totally forgotten.

“I loved to see my life summarised in the nutshell. It was just right. Everything important was right there.

“All the people at the party thought it was wonderful, and asked who did it and how,” Adele said.

“The guests were able to go back all those years too, so the conversation was terrific because of the photos.

“Lots of smiles and laughter all round!” she said.



Give them the gift of a
lifetime—their own!

A story they'll recognise.

A story that recognises
them.

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your Dad's. I'll help you.

Need more information? Contact me now:

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Life Story in a Nutshell



It can be tricky when friends, family or club members want to mark a milestone occasion with a special presentation for, say, someone's birthday.

Because if this person is lucky enough to have reached a certain age, it's quite likely they have every **THING** they need.

But one thing most people usually **DON'T** have by then is a chronicle of their life or career.

Memoirs are great, but require lengthy research and writing.

So if time is ticking and you want to honour that unique person, here is a short, easy-to-read and very impressive alternative: **Life Story in a Nutshell.**

Did I really do all that?

We can easily overlook details of our past. But insightful questions can draw out forgotten facts of our life.

Or remind us how gorgeous and talented we were back then (but didn't realise it).

The past can be a very pleasant place to visit, to refresh our memories of achieving

amazing things and overcoming the unusual challenges that life presents.

Benefits of Life Story in a Nutshell

A concise retrospective like this mini-memoir can show us how far we've come, remind us of triumphs, joys and sorrows, and help us make peace with our past.

For future generations, it can be a legacy to show how astonishingly different life was, back in the day.

Organising the details—so you don't have to

I'm Josephine, a professional writer and editor.

I'm also a former journalist, so I know how to gather facts and present them concisely and clearly.

To create each Life Story in a Nutshell, I collaborate with family members or other interested parties, using a special questionnaire.

From this, I write a 1,000-word life

history of the person, illustrated with several meaningful photos.

What comes next?

When the first draft's finished, it will go out for approval or amendment.

Then I make any changes needed, or perhaps add last-minute information. The final version is emailed for sign-off.

After it's okayed, the lucky person's special Life Story in a Nutshell is printed in colour, laminated, framed and promptly delivered to the address specified.



Everyone's a star in their own story!

Recipients of Life Story in a Nutshell are invariably delighted, surprised (even if they know it's coming) and moved by their own past.